## CME-SAT, SEPT 9

#### New Horizons in Health Care and Well-being

Registration

8.00 AM - 8:05 AM

Welcome. President: Richa Chandra MD

8:05 AM - 8:15 AM

Program Overview. CME Director: Mona Gupta MD

Session I: Healthcare 8:15 AM - 8:45 AM

Plenary session: Building and Sustaining Equity in

Healthcare: Needs and Solutions for the

Workplace, Marketplace and Society: Anjali Bhagra

MD

8:45 AM - 9:20 AM

Panel discussion: Equity in Healthcare. Moderator:

Prachi Dubey MBBS, MPH

Poonam Alaigh MD; Hema Kapoor MD; Richa Chandra MD

9:20 AM-9:35 AM

**Towards Health Equity for our Gender Minority:** 

Priyanka Bhandari MD

9:35 AM - 9:50 AM

CMS Burden Reduction Plan: Niharika Khanna MD

9:50 AM - 10:05 AM

Transition from Fee-for-Service to Value-Based

Care: Ritu Suri MD CMD 10:05 AM - 10:20 AM

Question and Answer with refreshments

Session II: Wellbeing

10:20 AM - 10:50 AM

Plenary session: Health and Illness Continuum: A

Holistic Approach, Sreelekha Prakash MD

10:50 AM - 11:30 AM

Panel Discussion: Healthy Living and Aging Well:

Moderator: Sonia Talwar, MD

Anshu G Garg MD; Radha Ramamrutham MBBS, MD; Chhavi Kaushik MD; Sushma Kaul MD

11:30 AM - 12 noon

MIND the Pain-Clinical Hypnosis: Arun Kalra MBBS

12 noon - 12:15 PM Question and Answer.

Conclusion

CME provider-The MetroHealth System is accredited by the Ohio State Medical Association to provide continuing medical education for physicians. The MetroHealth System designates this educational activity for a maximum of 4.25 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

# 2nd Annual Convention of LHMC Alumni Association of North

# America **EVENTOPIA**

Sept. 8-10, 2023



# FOR EVENT RELATED QUESTIONS PLEASE CONTACT

### **Event Organization**

Ritu Suri

Rita Ahuja

CME

Mona Gupta

#### **Events and Entertainment**

Megha Gupta

# LHMC ALUMNI ASSOCIATION OF NORTH AMERICA

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# Friday Sept 8 2023

4:00PM-8:00 PM Registration 6:30 PM-6:35 PM Inaugural Bhajan 6:35 PM -6:55 PM Welcome by the organizing committee 6:55 PM-7:15 PM Drug Vendor talk 7:15 PM-7:50 PM Solo performances/games 7:50 PM-8:35 PM Indo western Saree fusion fashion walk 8:35 PM-8:45PM Solo performances/games **Dinner Break** 

10:00 PM Dance floor opens

show

9:15 PM-10:00 PM Latin dancer

Food 6:00 PM-7:00 PM Appetizers 8:45 PM Dinner onwards



# Saturday Sept 9 2023

#### Morning

7:45 AM - 12:15 PM CME **12:15 PM-12:30 PM**-Vendor talk **12:30 PM-1:15 PM** General Body Meeting 1:30 PM- 2:30 PM Lunch

### **Evening**

6:30 PM-7:00 PM LHMCAANA president's address and felicitations of new patron members 7:00 PM-7:15 PM Solo performances/games 7:15 PM-8:15 PM Rock the folk 8:15 PM-8:45 PM- Solo performances/games **Dinner Break** 

9:15 PM-9:45PM Solo performances/Games 9:45 PM Dance floor opens

#### Food

6:00 PM-7:00 PM Appetizers 8:45 PM Dinner onwards



# Sunday Sept 9 2023

9:00 AM-10:00 AM-Round Robin session on feedback and new ideas for your LHMCAANA 10:00 AM -11:00 AM Astrology /Spirituality session Au revoir



